

Lamentations 3:19-26

¹⁹ I remember my affliction and my wandering, the bitterness and the gall. ²⁰ I well remember them, and my soul is downcast within me. ²¹ Yet this I call to mind and therefore I have hope:

²² Because of the LORD's great love we are not consumed, for his compassions never fail. ²³ They are new every morning; great is your faithfulness. ²⁴ I say to myself, "The LORD is my portion; therefore, I will wait for him."

²⁵ The LORD is good to those whose hope is in him, to the one who seeks him; ²⁶ it is good to wait quietly for the salvation of the LORD. *Lamentations 3:19-26 NIV*

1. What is Jeremiah remembering and referring to? What is his situation?
2. What is familiar about verse 23?
3. What had Jeremiah lost?
4. Do these verses bring you comfort? Why?
5. Read the whole book. Why are these verses in the middle of a book of laments?

1 Corinthians 9:16-27

¹⁶ For when I preach the gospel, I cannot boast, since I am compelled to preach. Woe to me if I do not preach the gospel! ¹⁷ If I preach voluntarily, I have a reward; if not voluntarily, I am simply discharging the trust committed to me. ¹⁸ What then is my reward? Just this: that in preaching the gospel I may offer it free of charge, and so not make full use of my rights as a preacher of the gospel.

¹⁹ Though I am free and belong to no one, I have made myself a slave to everyone, to win as many as possible. ²⁰ To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under the law. ²¹ To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law. ²² To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some. ²³ I do all this for the sake of the gospel, that I may share in its blessings.

²⁴ Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. ²⁶ Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize. *1 Corinthians 9:16-27 NIV*

1. Just what would Paul boast about? What is it that compels him?
2. What is Paul's reward for preaching the Gospel?
3. Why would Paul need to become like the people he was preaching to?
4. Is Paul saying we should beat our bodies? If not, what is he saying in verse 27?

Mark 1:29-39

²⁹ As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. ³⁰ Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. ³¹ So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

³² That evening after sunset the people brought to Jesus all the sick and demon-possessed. ³³ The whole town gathered at the door, ³⁴ and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

³⁵ Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶ Simon and his companions went to look for him, ³⁷ and when they found him, they exclaimed: "Everyone is looking for you!"

³⁸ Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." ³⁹ So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

Mark 1:29-39 NIV

1. What had they been doing at the synagogue?
2. Look at Luke 4:39. How sick was Peter's mother-in-law?
3. Why did Jesus just up and go off to pray without informing anyone? What does this tell us about prayer?
4. When did Jesus heal? What day was it?