

# Historical Faith: The Resurrection

## Family Edition Week 1: Empty Tomb

### KEY SCRIPTURE:

Matthew 28:10, 13: "Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.'" And the religious leaders gave the soldiers money and told them, "Tell people, 'His disciples came and stole the body'."

### KEY TAKEAWAY:

Jesus Christ was a real person that really lived in a real time. Jesus is really God, who really lives right now. We can trust that the tomb is empty because He is risen!

### START TALKING:

Besides the empty tomb, what are some of your favorite empty things? (one of mine is an empty hiking trail, the best!)

### START PRAYING:

Dear Jesus... you rose from the grave... your tomb is empty... help us to trust you... and share with others... how you are more powerful... than even death! Amen!

### START STUDYING:

- Let's read the Key Scripture aloud together- Matthew 28:10, 13
- Who do you think the 'brothers' are that Jesus talks about?
- When people use money to get others to do something we call that a Bribe. Why did the religious leaders bribe the soldiers and ask them to lie?

### START APPLYING:

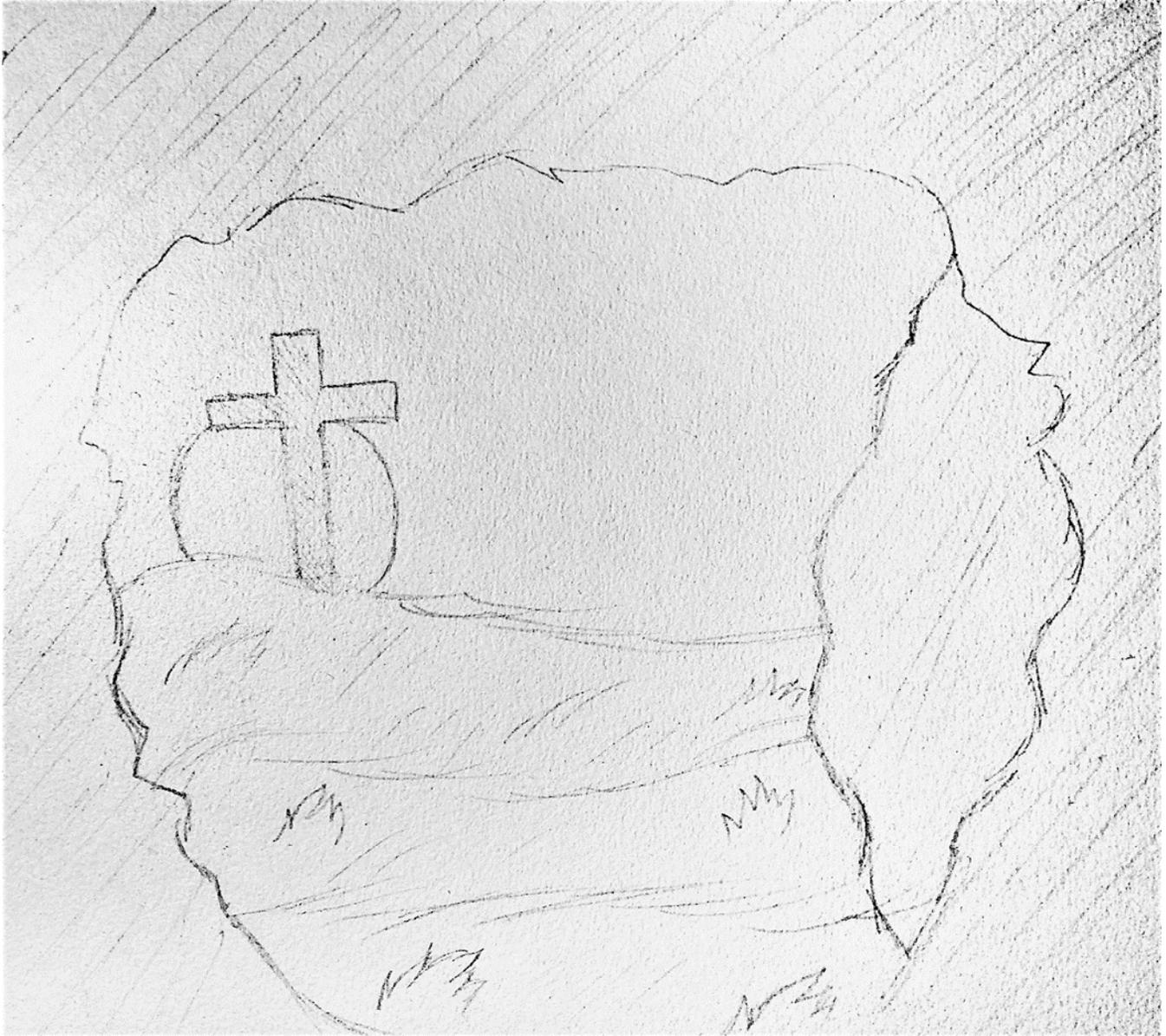
- Jesus calls you his Brother just like he called the disciples his brothers. So, partner up (form a trio and do this multiple times if your numbers aren't even) and read Matthew 28:10 to your partner. You are a part of Jesus' family!
- Jesus also tells us to not be afraid. On the back of this page, write down and list your top 3 fears. Things that keep you up at night, make you cry, or cause you to breakdown.
- Once you have those listed- go and pray this (list the fear by name in the blank space in the prayer): 'Dear Jesus, you promise to be with us. Help me when I fear \_\_\_\_\_. Help me trust you. Amen'
- Do you think the Religious leaders Bribe of the soldiers worked? Do bribes and lies ever work long term?

### FINISH IN PRAYER:

Have the youngest at the table lead the group in a closing prayer (adults, you might have help out here if your youngest is really young!)



Draw a picture of the empty tomb with Jesus talking with the women outside.



## BIBLICAL EQUIPPING

- Memorize this verse: **“Jesus said to them, ‘Do not be afraid’**”- Matthew 28:10a
- How are you going to bring your fears to Jesus this week?
- How can you help someone who is afraid?