

I Am: Bread of Life

Family Edition - August 1

KEY SCRIPTURE:

³⁵ Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.
John 6:35

KEY TAKEAWAY:

Just like we hunger for food for our stomachs, we hunger for Jesus in our lives. Feeding this hunger is the Most important thing! Spend that time with Jesus!

START TALKING:

Describe your favorite meal to your group. Don't leave any details out!

START PRAYING:

Dear Holy Spirit, show us what is most important to crave. It's not the best food or most refreshing drink, it is quality time with Jesus. Help us to hunger for this time and fill each day with prayer to Jesus. Amen!

START STUDYING:

Today we will study the “I Am” statements. Read each statement and answer—what does this teach you about Jesus and your need for him.

1. Read Key Scripture
2. Read John 8:12
3. Read John 10:7,9
4. Read John 11:25
5. Read John 10:11,14
6. Read John 14:6
7. Read John 15:1

START APPLYING:

1. What I Am statement do you feel you need to focus on right now?
2. What will you do to focus on it?
3. Is there an I Am statement that you feel you should share with someone else? Who and Why?

FINISH IN PRAYER:

Dear Jesus, thank you for being the Great I Am! Help us keep you as our main course in life so we never go hungry! Amen!

Draw a picture your favorite meal on the left and a picture of how you think Jesus looks on the right. In between draw the greater than sign. Jesus fills us more than any craving we might have!

Biblical Equipping

- Make a family pact this week to start each day in prayer to Jesus and in God's Word before eating or drinking anything for the day. Keep first things first! Try it this week!
- Memorize John 6:35